

# SUPERIOR-GREENSTONE DISTRICT SCHOOL BOARD

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Section Schools and Students

Policy Name Food and Beverage Policy 538  
Management Guidelines Apply

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September 27, 2016  
October 18, 2011

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June 7, 2016  
September 26, 2011

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## **POLICY**

It is the policy of Superior-Greenstone District School Board that schools and worksites foster healthy nutrition environments and implement food practices to support the wellness of students in accordance with Canada's Food Guide and the Ministry of Education's School Food and Beverage Policy (PPM 150).

## **OBJECTIVE**

This policy will guide Board personnel and school communities in the development of healthy school environments that support student learning and success by encouraging students, staff and parents/guardians to make nutritious and healthy food and beverage choices.

Superior-Greenstone District School Board recognizes adequate nutrition is important for student well-being and achievement. To promote equitable access, SGDSB seeks opportunities to share food that supports the needs of diverse students and mindful of inclusive practices around disability, religion and dietary restrictions.

### **1.0 Directives**

- 1.1 All schools and worksites will comply with the provincial legislation relating to nutrition, such as Policy/Program Memorandum (PPM) 150 (School Food and Beverage Policy), the Healthy Food for Healthy Schools Act and any other pertinent legislation.
- 1.2 School cafeterias will adhere to the Ministry guidelines in the sale of all foods and beverages.
- 1.3 Schools with nutrition programs will follow the Student Nutrition Guidelines developed by the Ministry of Children and Youth Services.
- 1.4 Food is not used as an individual reward or an incentive for good behaviour, achievement, or participation in classrooms. This does not preclude school staff members from providing students with food or beverages that comply with the nutrition standards in PPM 150 and the Food and Beverage Policy and Procedures for nutrition snacks or observances.
- 1.5 Administration, staff, parents and guests will promote and will support healthy food choices for students.
- 1.6 Principals, staff, school councils, parents, and volunteers will make every effort to understand and work co-operatively to ensure that this policy is implemented as outlined and that the spirit of the policy influences their decisions and actions.

- 1.7 This policy will:
- a) apply to all events that involve students at school, regardless of the time of day or night;
  - b) apply to students only;
  - c) apply to fundraising activities (e.g., bake sales, sports events);
  - d) apply to food that is sold to students;
  - e) apply to extra-curricular activities, on or off site.
- 1.8 This policy will not:
- a) apply to student lunches brought from home or foods brought from home for classroom parties (i.e., birthdays and other classroom celebrations);
  - b) apply on educational excursions;
  - c) apply to staff rooms;
  - d) apply to community groups utilizing the school;
  - e) apply to food that is provided to students at no cost.
- 1.9 The school principal may designate up to ten days during the school year as special event days on which food and beverages sold in the schools would be exempt from the nutrition requirements of this policy. The school principal must consult with the school council prior to designating a day as a special-event day. School principals are encouraged to consult with their students in making these decisions. Notwithstanding this exemption, on special-event days, schools are encouraged to sell food and beverages that meet the nutrition standards set out in *Canada's Food Guide*.
- 1.10 Schools are encouraged to be environmentally aware (e.g., reduce food waste, recycle and reuse containers, avoid purchasing products with excess packaging).
- 1.11 Plastic bottled water will not be purchased or sold at any SGDSB location for any school related events or during the regular operations of the day.